

CO-CURRICULAR HANDBOOK 2018-19

# Introduction

Whether you are a pupil, parent, prospective parent, member of staff or interested observer, welcome to the Bradfield College Co-Curricular Handbook for 2018-19. No single document can ever lay claim to explain all that goes on outside the classroom in a busy school but this is an attempt to draw together the different strands of what is on offer to pupils at the College.

Music, Drama, Sport, Duke of Edinburgh, Activities/Hobbies, Service, Societies and the Combined Cadet Force form the bedrock of the Co-Curricular experience at Bradfield. The programme aims to develop skills, experiences and self-reliance within the pupils at the College, allowing them to pursue their passions, be challenged, and have the opportunity to try out new activities. It is a key part of what is on offer at the College; along with the 'home from home' experience within the Boarding Houses and the core Academic purpose of the College it provides a vital third pillar to any pupil's Bradfield experience.

'Co' rather than 'Extra' Curricular, for it forms a core part of the College experience, not just an extra only for those who are interested. Each day of the week the College sets time aside for co-curricular activity. On Tuesdays, Thursdays and Saturdays there are no afternoon lessons and pupils are expected to make a significant commitment to some co-curricular activity. On Mondays, Wednesdays and Fridays, there is an hour and a half of co-curricular time before tea, where again, pupils are expected to be involved in an activity. Music ensembles also take place in the early evening and Societies generally start at 8.15pm.

The programme allows for the development from the prescriptive routine/support in the Faulkner's year through to a more pupil driven experience by the Sixth Form. It is designed to develop pupils' skills through proactive engagement, enabling them to complete their Bradfield Diploma qualification successfully by the end of the Fifth Form. Through the activities on offer pupils need to show varying degrees of ambition, curiosity, determination and self-awareness, skills so vital for preparation for life outside the College.

In addition, the Co-Curricular programme gives real opportunities for pupils to take a lead, take responsibility for their activity, for them to positively build enthusiasm for their chosen pursuit, and build a passion for life. Ultimately, pastoral support within Houses, academic momentum within the classroom and this area of co-curricular go hand in hand towards developing and nurturing a pupil's all-round talents, skills, awareness, drive, enthusiasms and achievements.



Finally, in a world where future progress is often influenced by the quality of the person or individual, I would urge all Bradfield pupils to move towards a more dynamic and flexible approach to their co-curricular programme. Engaging in areas of interest but also developing a range of skills and experience are vital tools to any pupils success in competing in the ever competitive outside world. Through the performing arts, sport, charity and personal development activities Bradfield pupils will be more enriched and more experienced in dealing with issues of personal and social development, team building and leadership. I hope that time at Bradfield gives each pupil the platform to embark upon successful and ambitious school careers. School life and Bradfield especially, are unique and vibrant communities sharing a common view that education is more about developing oneself and learning to work with others, showing respect, integrity and tolerance to all. These qualities are learnt and valued through the boarding house and through music, sports and drama and many other important and wide-ranging activities.

Co-curricular activity plays an important part in the lives of all children as they grow up... real education is about much more than absorbing knowledge. It's about learning to get on with people, it's about picking up useful experience from the mistakes and triumphs of others, it's about having the rougher edges knocked off by rubbing up against peers who are not tactful or fearful of telling you that you got it wrong, it's about discovering the joys and perils of human socialisation.

R. J. Wall Deputy Head (Co-Curricular)

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# **KEY TO ICONS**

# IBDP CAS PROGRAMME



C Creativity



Service

# **BRADFIELD DIPLOMA**



Public Speaking

Responsibility

🕊 Community

# Clubs, Societies and Activities

#### Croquet

Only in the summer months and on balmy September afternoons but a game for all who like to smash their opponents yet with charm and good manners. Played in Quad - probably the most beautiful croquet lawn in Berkshire.

#### Power Walking Club

Power walking is a great way to increase the benefits of walking and get the most from a workout routine whilst taking in the beautiful Berkshire countryside and catching up with friends and colleagues. This club is open to all year groups in the Michaelmas term.

#### **Table Tennis**

Take time out and play fast-paced Table Tennis with your friends. We operate in the Michaelmas and Lent Terms and cater for all standards from beginners to experienced players. All equipment is provided and it is run as a 'drop in' activity.

### Wildlife Club

The Wildlife Club is an activity that is open to anyone who has an interest in the natural world and who enjoys finding out more about living things, through investigation in the outdoors and in the laboratory. The School Nature Reserve has undergone a significant transformation since 2009, when a derelict pond at the back of the Sports Complex, was restored. Recent activities have included monitoring and examining the microscopic animals and plants in the pond and river water adjacent to the Nature Reserve, as well as sampling the larger aquatic organisms present. We are taking part in a local water vole conservation project and are actively looking for vole or mink activity with a long term view to seeing voles return to the river. The club is flexible and will provide opportunity for the particular interests of those who join.

#### Yoga

Several Yoga sessions are offered to pupils at various times throughout the week by one of our qualified Yoga instructors. Yoga is an activity that can benefit every pupil. It can help to improve your performance in sport by developing your flexibility, balance and strength, thus helping to reduce the likelihood of future injuries. It can also aid your relaxation, reduce stress and improve sleep patterns.



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#### Combined Cadet Force (CCF)



The Combined Cadet Force (CCF) is a MOD sponsored youth organisation run by CCF Officers from the teaching staff. The aim of the CCF is to enhance the personal development of our pupils, providing them with opportunities to develop leadership, teamwork, self-reliance and resourcefulness.

Faulkner's (Year 9) pupils join the CCF in the Summer Term and participate in an introductory programme of activities focused on expedition skills, culminating in a four day expedition.

During the Shell year (Year 10), pupils participate in CCF activities on a weekly basis and are afforded the opportunity to join the Royal Marines Section, Army Section or the RAF Section. CCF remains compulsory for Shell cadets during the Michaelmas and Lent Terms. In the Summer Term, a pupil can opt out of the CCF with the Voluntary Service Programme (VSP) designed specifically for these pupils.

Pupils who decide to stay on in the CCF beyond the Shell have the opportunity to become Junior Leaders. Cadets may attend a variety of CCF Camps and Field Exercises all designed to develop their cadet skills. The Senior Cadets within the Sixth Form typically lead CCF activities and gain valuable leadership experience in this role. Pupils who join the College in the Sixth Form may join the CCF and will undergo an induction period prior to becoming Junior Leaders.

Senior Cadets are eligible to participate in a vocational course, the BTEC Level 2 Award in Teamwork and Personal Development. The scheme is run by the Cadet Vocational Qualification Organisation (CVQO).



#### Drama



There are many opportunities for pupils to become involved in Drama at Bradfield alongside or separate from their academic study of the subject. In 2018/19, these will include -

#### The Michaelmas Play

A whole school production in the first term that is open to ALL pupils through audition. It can be a musical or a straight play. In the last few years, it has been *Little Shop of Horrors* (2015), *We Will Rock You* (2016), *Noughts and Crosses* (2017). This year it will be a modern interpretation of *Antigone* by Sophocles.

#### The Lent Play (aka The Faulkners Play)

A staff directed production in the Lent Term that is **only open to Faulkner's pupils**. Pupils audition at the end of the Michaelmas Term. Like the Michaelmas Play, it is performed in the Old Gym. Again pupils are able to participate as performers or in backstage roles. The 2015/16 production was *The Wind In The Willows*, the 2016/17 production was *Mythamorphosis* and the 2017/18 production was *The Burston School Strike* by Roy Nevitt.

#### The 2019 Summer Plays

In 2019, the Summer Play will be Bradfield's famous Greek Play under the direction of the Head of Classics, Polly Caffrey. Pupils from all year groups may audition in September. OB Matt Barber who went on to play Atticus Aldridge in *Downton Abbey* remembers performing in the Greek Play as one of the highlights of his time at Bradfield.

In 2019, there will also be a second smaller production which will be performed alongside the Greek Play. This production will be a new adaptation of *Blood Wedding* by Lorca that will be staged in a promenade style around the College grounds. It is hoped that this production will then go on tour to Spain in the first week of the Summer holidays. Pupils will audition in September.

#### Faulkner's Drama Club

A weekly drama club for Faulkner's pupils to support their introduction to Drama at Bradfield.

#### The Pupil Directors Scheme

For those who want to direct their own productions, pupils have an opportunity to do so through the PDS. Interested pupils will pitch their idea to the Drama Department in the Michaelmas Term and successful pupils will be assigned a mentor who will help them bring the play to fruition. Successful pupils will be responsible for casting, running rehearsals, the technical design and marketing of their production in one of the College's performance spaces.

#### LAMDA Classes

The College offers a range of LAMDA qualifications for pupils who wish to study them. These one to one classes develop a pupil's performance ability and also their ability to speak in public with confidence. Pupils will receive a weekly one to one class with a LAMDA tutor and sit a public examination. The top grades have UCAS points equivalency.

There is also a healthy culture of **House Plays** at Bradfield in which members of each House stage a play in one of the College's performance pieces. These productions are pupil driven and directed by pupils, but supported by the Drama Department.

For pupils with an interest in **Technical Theatre**, they are encouraged to approach the department and they will be most welcome to work on whatever productions fit with their timetable and other commitments. The department is very keen to nurture any future lightning, sound or costume designers.

# Bradfield Dance Company meet once a week to explore many different styles and types of dance, from contemporary to street. The session is open to all ages and abilities.

Bradfield Dance Company

# **Cine** Club

The Cine Club is a pupil-driven film society that meets weekly and is open to everyone from Shell upwards. A typical meeting begins with refreshments and an introduction to the film (sometimes by a guest member of staff); the film is then shown on the big screen with cinema quality image and sound; a post-screening discussion follows, in which opinions about the film are shared. Audiences have an input into decision-making about future screenings, many of which are film classics or recent art-house successes. Recent programmes included *Cool Hand Luke, 2001: A Space Odyssey, What We Do In the Shadows, Wild Tales and Good Morning Vietnam.* 

# Photography Club

Photography Club is an introduction to photography. We look at light, framing and portraits. You will also have an introduction to *Photoshop* and work in the dark room developing your prints.

# Screenwriting Course

Every January, pupils interested in the art of scriptwriting for stage or screen, can attend a sixweek screenwriting course one afternoon per week. The course is run by a professional freelance scriptwriter, who helps budding writers generate ideas, structure their writing, format a script, and create a gripping pitch. In the last few weeks of the course a British producer, a director and an actor are invited to the workshops and pupils are given the opportunity to pitch their idea and have part of their script read through. For anyone wishing to work in Television or Film, this is an exciting opportunity to 'meet the professionals', extend your knowledge and understanding of the industry, and to develop creative writing techniques and scriptwriting skills as another string to your bow.

#### Art Schools

The Art Schools are open each afternoon, (except Sunday) and a number of evenings. For Art pupils it is a place and time for completion of prep and/or extension to current projects. More ambitious and more individual work can be undertaken during these times. If you are not an Art pupil then it is an opportunity to try something new, to broaden experiences in a range of disciplines. We offer Textiles; Sculpture, including Ceramics; Photography; Printmaking; Painting and Drawing. There will always be a member of the Art staff to welcome you and guide you through what you need to know.













# Duke of Edinburgh (DofE)

The Duke of Edinburgh Award develops skills and confidence that will be invaluable to you in life after school. It gives you the chance to make a difference to other people's lives and you get recognition for under taking activities you enjoy. You will be fitter and healthier, make new friends and have memories to last you a lifetime.

# Duke of Edinburgh (DofE) Leader's Group

After some initial training and with ongoing support a small group of DofE Gold participants can become DofE Leaders responsible for encouraging and supporting others in their DofE Awards. They operate primarily in House and can also help with DofE and expedition training. There are a wide range of tasks that can be done from administration and promotional work to hands-on training and expedition support and for someone already working towards the highly-prestigious Gold Award this takes their commitment one stage further and could easily be something that continues beyond Bradfield. The overall commitment can vary depending on the individual but regular work can count as Gold DofE Volunteering so this can be a particularly rewarding activity to get involved with. The activity will normally commence in the Lower Sixth but anyone interested in becoming a DofE Leader should contact Mr Irvine early because places are limited.

# Duke of Edinburgh (DofE) Expeditions (Bronze and Gold)

For the Expedition Section of the DofE, we offer Bronze and Gold (walking) trips at Bradfield and the format for both levels is a similar combination of training, practice expedition and qualifying expedition. At Gold level things are much more rigorous because of the more remote and challenging locations used and the longer duration of the final trip. The College supplies the majority of specialist equipment for expeditions and also encourages Sixth Form to help plan and assist with expedition training if they so wish (see details of the DofE Leaders Group.)

Bronze training takes place in Faulkner's through CCF sessions and includes a day-walk in the local area and a longer practice expedition incorporated into the Faulkner's trip in the Summer Term. There is a 'catch-up' programme on offer for pupils who miss the Faulkner's training or practice expeditions (perhaps because they join in the Shell year.) Qualifying expeditions (two days with one night camping) take place in the Michaelmas and Summer Term of the Shell year which means that the Bronze Award is achievable for all in the Shell year but could be completed in the Fifth Form (or technically any time until the participant is 24 years old) if needs be.

Pupils can start working towards their Gold Award once they are 16 years of age and the common start point is the beginning of the Lower Sixth Form. For the Expedition Section at Gold, training sessions take place prior to a practice expedition and then participants complete a final qualifying expedition of four days duration with three nights camping. There is a choice of dates for these expeditions published well in advance. If pupils are yet to complete a minimum of Bronze Qualifying expedition or equivalent prior to Gold then they must do a three day 'pre-practice' (normally at Easter) before the main practice trip later in the year.

Pupils can complete some or all of their expedition section with external providers and we have a number of companies who we can recommend if required. Some pupils choose to do this if they wish to use an alternative mode of travel to the walking trips we offer or if the dates we offer are not suitable.

Anyone keen to take part in a camping and walking expedition in its own right generally get involved through the DofE Award but if pupils are interested in doing the trips independently of DofE they can be accommodated and should contact Mr Irvine.



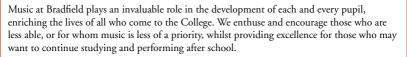
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#### **Music Overview**



We believe music is to be shared and, as such, provide as many different types of performing opportunities, in as wide a range of genres, as pupils would like to be involved in. This environment allows pupils to enjoy expressing themselves with confidence and enables our excellent teachers to inspire them with their passions and expertise.

Pupils are encouraged to be proactive in starting their own projects and bands; our staff are always available to give the advice and support they might need in doing so. Please direct any enquiries about music and the ensembles outlined below to Matthew Lowe (Director of Music).

# Choral and Chapel Music

#### \*College Chapel Choir

College Chapel Choir is one of Bradfield's flagship groups. This is, perhaps, apt given the conception of the College in 1850 by Reverend Thomas Stevens, was to be a choir school.

The Choir consists of approximately 30 auditioned members, chosen from all ages. It sings at a weekly Friday night service, all major festivals, (Remembrance Day, Confirmation, etc.) and enjoys a busy Christmas season with carol services in the College, local community and London.

The Choir also regularly undertake external engagements, having sung in Winchester, Gloucester, Southwark and Chichester Cathedrals. Most recently, they opened the Reading Crown Court at their annual service in the Reading Minster and were part of an exciting project with Royal Holloway, University of London.



Begun in 1892 and completed in 1903, it was designed by J.O. Scott, son of Sir Gilbert, and one of Bradfield's first pupils. It remains as beautiful as at its conception.







#### **Barber Shop Boys**

Barber Shop Boys are an ensemble of upto 12 gentlemen who enjoy exploring the intricacy of both traditional and close harmony singing. Performing at functions both internally and externally they delight audiences with music from their wonderful array of repertoire, from 14th century sacred music to light cabaret numbers. This is an auditioned group, open to male singers who perform in one of the main school choirs.

#### **Bradfield Bellas**

Bradfield Bellas is an auditioned group of 24 girls, made up of all ages, who sing "A Cappella pop" in four-part harmony - comparable to its sister group at Barden! The group takes part in UK choir competitions and music festivals. They are not to be missed on the Bradfield stage.

#### Faulkner's Choir

Faulkner's Choir is open to all in Year 9. Explore and develop your love of singing, build new friendships and learn the skills of making music with other people: whether you are an experienced singer or someone who simply enjoys singing in your bedroom, this group is for you! The repertoire is popular and contemporary, rehearsals are weekly and the group prepares for at least one performance each term.

#### The Gospel Group

The Gospel Group everyone is invited to help raise the roof whist filling their soul with the joy of music. This group sings songs in close harmony, from spirituals to urban contemporary gospel and everything in between!

There are currently approximately 40 singers in this group who rehearse weekly and who perform at least once a term.

#### Bradfield College Choral Society

Bradfield College Choral Society are a group of singers from the local community who rehearse weekly at the College.

# Ensembles

#### Small Groups

Small groups, in all genres, are the backbone to any thriving department, whether it be flute duets, string quartets, jazz trios or rock bands. We encourage the majority of these groups to be pupil led, associating with a staff member for input where necessary. Whether rehearsing for pleasure or preparing to perform, pupils will enjoy the opportunity to explore, with their peers, the music they love. In addition, finding a balance between personal responsibility and the groups' success is often challenging; through this process, pupils learn valuable, transferable skills that will serve them for a lifetime, in whatever they choose to do.





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# Larger Groups

Bradfield offers a balanced variety of larger ensembles with specialist teachers directing/ conducting them. Using the skills learned in smaller ensembles and with excellent musical direction, these groups are able to shine and often represent the College at major events. All these groups rehearse weekly and perform once a term.

# \*Big Band

Big Band is open to all brass, saxophonists and rhythm section players. The Big Band plays all of your jazz and swing favourites. This is one of the College's flagship groups, performing at all major school events.

# **Bradfield Brass**

Bradfield Brass is a specialist brass group, exploring the repertoire from the counterreformation through to the film music of today.

# Chamber Orchestra

Chamber Orchestra is an opportunity for string players who wish to develop their playing further through a wide variety of music. The group also offers solo opportunities to the elite musicians within the College.

# **Concert Band**

Concert Band is an opportunity for ALL instrumentalists to be a part of an ensemble. Music is arranged specifically to cater for the needs of all, to ensure everyone can contribute to the performance at a level they are capable of.

# \*Jazz Band

Jazz Band is a gigging band that regularly play at events both in and outside the College. It is an auditioned group, suitable for a variety of instruments, singers too, and plays a wideranging repertoire that encompasses jazz, swing, funk, and Latin.

# Saxophone Ensemble

Saxophone Ensemble is open to experienced saxophonists of all year groups. The ensemble learns a variety of repertoire from arrangements of film scores to Cole Porter.

# Jazz Ensemble

Jazz ensemble enables our younger, less experienced jazz players in the College to be involved. The Jazz Ensemble is the ideal training ground for the first year or two, providing the opportunity to learn the skills necessary to join the Big Band and Jazz Band in later years.



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#### **Bradfield Blues Band**

Bradfield Blues Band is a relative newcomer on the scene here, but a popular one: the Blues Band is a versatile group that can accept a variety of musicians: singers, brass, reeds, backing singers, percussionists, guitars, bass, drums, and the list goes on. In recent years we have put on specific blues concerts with the great Robbie McIntosh (google him and be amazed at how lucky our pupils are to play with such a high-profile figure!)

# Other Activities

# Learn to Improvise

Have you ever envied those people who can just sit down and play? Improvisation isn't just limited to jazz, and is useful in many different musical situations. Whether you play in the College Jazz Band, or have never played in a group before, come along and have some improvisation myths blown away by our amazing jazz pianist.

### Music Technology Club

Pupils will gain experience of recording musical instruments, studio mixing, sound design and the use of music technology software to compose and arrange. This includes the use of digital audio software to create compositions, soundscapes and special effects.

#### Performance Platform

This is the chance for pupils to leave their comfort zone and to take that first step into the unknown. It is an opportunity to have a dummy run of an exam/concert, experiment with a technical improvement or concept they are working on, to perform to people for the first time, to try to overcome performance nerves or just to get some additional feedback on their playing. This takes place in the safe setting of our Ensemble Room, with an accompanist provided, and an audience made up of the people that play and the Director of Music. Everyone is asked give feedback and be involved in discussing what was seen and heard to ensure a positive and friendly, yet challenging, class.

#### Singer/Song writing Classes

A chance for all the budding singer/song writers/composers to get some specialist input into their songs from people working in the industry. These are open to everyone so if you're using garage band/ logic on your laptops then come, share your talent and get involved.

#### Music Theory Classes

Theory classes are for those pupils who need to complete their Grade 5 theory exam before moving on to Grade 6 or higher on their instrument. Classes are also to help those studying GCSE Music.

The list above is not exhaustive and tries to represent the main opportunities provided.

\* flagship group, performing at all major Bradfield Concerts

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#### 1850 Magazine: History

This magazine, started in 2013, gives pupils the opportunity to write articles on any areas of History that they have an interest in. Edited and organised by Sixth Form pupils the issues are produced once a half term and each issue will have a specific theme. 'Love', 'Rivalries' and 'Goodbyes' have been previous issues that have been published in this highly popular student led magazine.

#### Anatomy and Dissection Society

A Club which looks at how animals and plants work on the inside. Dissections can be varied, from flowers to rats, from squid to sheep, but finding out how animals and plants actually work is a remarkable journey.

#### Astronomy Club

The club is designed to introduce pupils to the basics of amateur astronomy. It will teach them how to use astronomical equipment such as our Celestron telescope located in our very own purpose built observatory. It will also teach pupils how to identify celestial bodies in the night sky including deep sky objects like galaxies and nebulas as well as stars and constellations like Orion and Betelgeuse (red giant star). We will also spend time looking at bodies in our solar system such as planets and the sun. The club is very informal and allows pupils to explore a different side of science to the normal everyday science lessons.

#### **Barry Society**

The Barry Society is one of the College's oldest academic societies. Its purpose is to allow critical thinking and debate across the disciplines of Philosophy, Theology and Science. It is of particular interest to pupils under taking A Level Religious Studies (Philosophy and Ethics units), but is especially open to any pupil from the Sixth Form. It is a valuable opportunity for members to exercise and develop their opinions on philosophical issues, to learn the skills of participating in debates and to enjoy the benefits of question and answer sessions. Refreshments are served at all meetings.

#### **Bead Club**

Bead Club was formed by two Sixth Form girls and is now a growing industry! It also forms part of the Faulkner's Clubs and Hobbies programme but is open to all year groups. It is a chance for girls and boys to be creative and design their own jewellery either for themselves or as gifts. We start simply with basic beading and gradually move on to more complicated items such as wire work rings and earrings. This is the perfect club to sit and be creative while having a chat with friends.















#### **Bentham Society**

The Bentham Society provides a forum for political discussion and debate. Pupils decide the topic in advance and come ready to discuss anything from photos of Kate Middleton to gun crime in America. The Bentham Society has already taken a trip to a political film and hosted a lecture on American politics.

#### **Book Club**

Want to expand your reading list? Want to do it with friends? Want to do it whilst eating biscuits? This is the club for you. With relaxed meetings every half term the Book Club explores the very best literature on offer.

#### Bradfield Film Magazine (Q5)

A NEW termly Film Magazine focusing on the exciting world of film. An editorial team of four pupils will be looking for young film critics and film-makers to contribute articles and film reviews, together with film making guides, tips and Bradfield's top rated films each term. Pupils will be encouraged to interview guest speakers and Industry experts as well as provide regular features on areas of the Film industry that they are interested in. Updates from the Film Production Clubs, charting the progress of our own Bradfield film-makers; from script to screen, will become a regular feature. Why not become a regular contributor and create your own feature page or film blog. Anyone interested in films, the media and journalism is welcome to contribute and become part of the Magazine's editorial team.

#### **Bradfield SP**

The Bradfield SP is a lively weekly sports newsletter that was first published in January 2007. Since then it has aimed to reflect Bradfield's wide range of sporting activities, with the occasional article on sporting issues outside the College. It is produced on Monday evening by an editorial team which includes the roles of Editor, Designer (for someone with excellent ICT skills) or Senior Reporter; it is then printed and distributed on Tuesday morning, when its arrival in Boarding Houses is eagerly awaited by the pupils. Pupils can become involved in the SP by writing match reports or feature articles, taking sports photographs, conducting interviews, drawing cartoons, constructing quizzes or crosswords etc. - all of which can be emailed to the editorial team. For anyone who is contemplating a possible career in journalism or who just enjoys practising the relevant skills, then this is a fun and rewarding activity.

#### Cookery Club

Refine your culinary skills and learn some 1 hour 'quick bake' winners that will tempt your taste buds!

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#### **Creative Writing Society**

Creative Writing Society is an informal weekly group where budding bards and prospective poets meet to try to write and share ideas. It's a relaxed pressure-free, and supportive environment where you can shout to the roof-tops or say absolutely nothing, depending on how you're inclined.

#### **Debating Society**

The Debating Society gives the opportunity to discuss current issues, science, art, and ethics. It's a great way to develop public speaking skills, and there are plenty of opportunities to compete in external debating competitions, as well as Bradfield's own Inter-House debates. The society holds a regular weekly meeting and all debates are publicised in advance so that anyone interested can get involved.

#### Design & Technology

Outside of lesson time and during activities pupils are able to work on their projects and coursework. Design club is an opportunity for Faulkner's pupils to develop their skills learnt in the timetable on their own projects. Projects are led solely by the individual, so independence is encouraged and promoted.

#### Film Production Club

The Film Production Club is organised by pupils who are interested in making films. Pupils work together as a production team, taking on roles from screenwriters to directors, experimenting with new skills and techniques. At the beginning of each term, pupils share ideas, plan a short film project and establish deadlines to coincide with Local, National and International Film Competitions. Each summer the Film Production Club select a pupil screenplay to produce over one week in the summer vacation. They pitch for funding, hire semi-professional equipment and costumes and organise the location shoot. This is an exciting opportunity for pupils to experience the reality of film making in front of and behind the camera. The club welcomes any pupils interested in films and filmmaking; from complete novices to those who have already made and exhibited short films.

#### Film Screening Programme

The programme of Friday evening film screenings is open to everyone (subject to a film's classification) and offers a wide range of mainstream, independent and foreign films. Those studying Film on the curriculum will find that many of the screenings are chosen to complement specific course topics. Our screening room has state of the art projection facilities and a top quality surround sound system - the nearest you will get to a cinema experience at Bradfield!



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# **Film Society**

The Film Society has a programme of film screenings throughout each term.

- Film Classics on a fortnightly basis, films to complement the A Level programme, are • screened in Q5.
- Friday Flicks devotes an evening each term to 'guilty pleasures' .
- Secret Cinema twice a term cinema events are organised around the College campus in . unusual and surprising locations.

To add to the enjoyment of experiencing a great film on the big screen, refreshments are also provided.

#### French Food Society

A club for pupils who would like to learn how some delightful French recipes are prepared and cooked and also eaten afterwards. Ingredients are bought and pupils prepare the food, not forgetting to wash up afterwards!

#### **Geography Society**

Extend, expand and elaborate your geographical knowledge at the Bradfield Junior and Senior Society Geographical events. The events take place half termly at Bradfield and at locations away from the College such as the Royal Geographical Society in London, Geographical Association events and lectures in Oxford and on various field trips. Find out more about the world we live in and contemporary issues and challenges that face us in the future.

#### International Linguistics Olympiad

Teams of four work on solving language based puzzles, code-breaking activities, or using a relatively small and obscure language to produce effective translations and observation of morphology. It's very good for linguists of any variety and excellent for anyone of a code-breaking/ making mentality. Teams from schools compete in National heats to produce UK representatives for a July contest. Any intelligent person should be interested in taking on the challenge!

#### Junior English Society

The Junior English Society is open to all pupils in the Shell and Fifth Form with a keen interest in the subject. Pupils can expect to take part in a wide range of activities, such as theatre and cinema trips, writing workshops, film screenings and talks from outside speakers. Society meetings are not an extension of English lessons, but are designed to enrich pupils' enjoyment of literature and new members are always welcome.

# Junior Philosophy Society (JPS)

The Junior Philosophy Society (JPS) is the junior equivalent of the Senior School Barry Society. Membership is encouraged from Faulkner's, Shell and Fifth Form; particularly of value to those pupils working towards Religious Studies GCSE. Fundamentally, this society helps to improve the core skills of debate, critical thinking and a deeper understanding of the key philosophical areas of discussion across the ages.

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### Junior and Senior Biology Society

The Junior and Senior Biology Societies run fortnightly and provide a great opportunity for those interested in all areas of biology. During the sessions you can find out more about a range of topics and ethical issues surrounding the subject. This then leads onto interesting discussions and debates about the questions posed. Previous debates have included 'threeparent babies', 'should we map our individual genomes?', 'should genes be patented?' and 'the role of science in solving crimes'. There are also opportunities to go on lecture trips to see great inspiring scientists, such as Lord Robert Winston, speaking about the work they do.

### MedVet Society

Open to all years for those thinking about reading Medicine or Veterinary at university. The society meets once every two weeks to discuss issues relating to medicine; topical healthcare news, disease and treatment, bioethics and some practical activities such as taking blood pressures, blood tests etc. Outside speakers, academics and medical professionals are also invited on occasion. In addition, the society also looks at the complex nature of medical school entrance and looks to ensure that those interested in pursuing a career in medicine or other healthcare professions are advised of the requirements for a competitive application. Pupils are expected to take a lead in the running of this society and this is often shared amongst the members.

# Model United Nations (MUN)

Bradfield Model United Nations (MUN) engages in an authentic simulation of the United Nations system by learning about the UN system, the skills of debate, compromise, conflict resolution and negotiation. MUN team members learn about the workings of world diplomacy through the lens of current events.

# **NESKA Society**

A society for discussion about women that includes exceptional guest speakers and engaging debates. Have your say about feminism in NESKA. Open to all including boys!

#### **Open Book Society**

The Open Book Society explores a wide range of literature through a variety of different activities. These may include discussion groups, writing workshops, visits from poets, academics and authors, and trips to the cinema or the theatre. Most recently, the society had a talk about careers in advertising and a visit from an award-winning novelist. This society is of particular interest for pupils who wish to study English Literature and English Language at university, but is open to anyone with an interest in the subject.

# Spanish Society

This society is for Sixth Form pupils studying Spanish. We gather every half term to watch Hispanic films; hear speakers talk about Spanish culture and learn more about all things Hispanic. Abundant popcorn is supplied.

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#### Stained Glass Club

Stained Glass Club is part of the Faulkner's Clubs and Hobbies Programme but is now open to all year groups. Come and learn the art of copper foiling and create your own mini Tiffany inspired stained glass masterpiece. If you are interested in joining please contact Tara Williamson in the Co-Curricular office as numbers are limited.

#### Swinbank Society

The Swinbank Society is named after the Rev'd John Swinbank, former Chaplain and Housemaster of Army House, and dates back to the 1950s. It exists to provide an informal forum for those wishing to investigate the Christian faith and is open to all members of the College community. We invite a visiting speaker to give a short talk on a passage from the Bible, and the talk is followed by a discussion time in which any questions are encouraged. Occasionally small groups are run at different times in the week for those wishing to look at the Bible in a little more detail.

The Swinbank Society is also closely affiliated with the Titus Trust, Iwerne Holidays, who run activity holidays in the summer and revision courses at Easter for those in independent boarding schools.

#### The Prydonian Chapter

If you are a fan of the long running TV show "Doctor Who" then this society is for you. Meets once every half term to primarily watch episodes and discuss all things timey wimey. This will be the first year of the society but it is hoped we will also host guest speakers, visit filming locations and take a trip to London Comic Con.

#### Veritas

Veritas is the new LGBT Society that will tackle issues that affect the LGBT community, and is an opportunity for the Bradfield pupils, whether LGBT or not, to be themselves, to be their own "truth" - hence the name for this group. There is the occasional guest speaker, and the group will look at different topics and areas of interest each session. Veritas is open to anyone who is interested and who wants to understand a bit more about these kinds of issues.

#### Web Design

Join the Web Design Club to learn how to create a web page from HTML alone. Once you gain confidence you can explore Style Sheets and put in JavaScript for Slideshows and other eye-catching effects.

#### World Challenge

World Challenge has arrived at Bradfield! The expeditions are not just about the trip itself. They require a huge amount of training, fundraising and team work in the build-up with a series of different activities that occur prior to these trips. Also, whilst away the students get to experience the physicality of trekking, the emotive nature of volunteering and the cultural side of acclimatisation. It is a wonderful opportunity to see the World away from the hotels and major tourist destinations.













#### Physical Activity Overview

At Bradfield our aim is to give every pupil a positive experience of physical activity so that they look forward to participating and understand the importance it plays in a balanced and healthy lifestyle. Through the extensive range of activities on offer, the talented staff who lead these and the outstanding facilities in which these activities are undertaken, pupils are given the best possible environment for this to be achieved.

With over 30 physical activities available, the College is able to foster a real ethos of participation. This breadth of experience provides pupils with an informed position from which they can decide which exploits they wish to continue pursuing in later life.

We aim to provide a programme in which pupils can challenge their skills, develop their physical attributes and hone their mental skills so that they become more successful, healthy and confident. From developing the cardiovascular fitness needed to run up a demanding hill in cross country to reducing arousal before firing the final bullet in a shooting match, our programme provides the experiences to help prepare pupils for the wide range of challenges that lie ahead.

The College's games programme places a significant emphasis on team activities and the recognised social and moral skills that are developed through participation in these. We want pupils to learn to pull together when the going gets tough and to understand how to communicate positively with each other. We do, however, recognise that the resilience and independence fostered through overcoming challenges in individual activities is unique and consequently opportunities here are also substantial.

We are passionate about enabling as many of our pupils as possible the opportunity to participate regularly in competitive sport so that they can pursue excellence and strive to be the very best they can be.

I urge you to view the following range of activities with an open mind, think about trying something new and most definitely get involved!

M. Ruxton, Director of Sport

#### Athletics

Athletics at Bradfield is a fast growing sport, open to all members of the College regardless of age or ability. The track on Rectory field gives us an open and (usually) sunny training venue, and pupils are able to come and try out different events if they choose, or focus on one event. We have a dedicated sprint and hurdles coach, who also comes in during the Michaelmas and Lent Terms in order to keep up the fitness of the most committed athletes!

There are teams of all year groups, and we have several fixtures throughout the term, ranging from the annual Relay competitions at Radley up to the District and County tournaments, in which outstanding athletes can be selected to compete at national level.

#### Badminton

Badminton is available both as a Squad and Leisure Activity.

If you wish to become a member of the Squad, you will need to attend an assessment and commit to attending training on a weekly basis. You will be expected to represent the College in fixtures in the Michaelmas and Lent Terms. We run a Junior and a Senior Squad.

Leisure badminton is for those pupils who would simply like to come down and play – no training is necessary, this is simply for the pleasure of playing.









#### Basketball

Matches are played against schools such as Winchester, Wellington, Charterhouse, Harrow and Eton as well as some of the local state schools. There are four teams for boys (U14, U15, U16 and U18). Matches take place in the Lent Term and training occurs at least twice a week for each team. There is a House competition for all age groups. Commitment will be to regular training as well as matches.

#### **Clay Shooting**

If you have ever fancied clay shooting you will be pleased to hear that the College continues to organise expert weekly coaching in the sport on the College's own dedicated shooting-ground called the Water Meadow.

The College's professional coach is Mrs Sarah Daly, a very well-known figure on the clayshooting circuit and was a shooting referee at the 2012 London Olympic Games.

You will have the chance to be selected for the College's team, which competes in local and national school competitions. This is a chargeable activity that requires parental permission.

#### Cricket

Cricket at Bradfield aims to foster a love of the game for players of all levels while supporting those with professional aspirations to achieve their goals.

Cricket is a Major Sport (Tier 1) in the Summer Term for boys and girls and unless there is a significant reason players will be expected to commit to the College Cricket Club for the duration of their time at Bradfield. We field 17 teams through the College (13 boys teams, four girls teams) and all will expect to play a full set of fixtures through the season. In the junior school there is also the opportunity for boys and girls to represent their houses in the House Colts competitions.

Every two years the Cricket Club takes the strongest U15 and U14 cricketers to Dubai to compete in the Arch trophy. During the winter we offer up to 20 hours of cricket coaching; this takes the form of 1-1 sessions with College Professional Julian Wood (Hampshire CCC and power hitting coach to the biggest names in cricket), masterclasses from outside coaches, girls and boys squad sessions and voluntary drop in sessions. This is supported by individual S&C plans which are developed with our leading players.

Cricket at Bradfield is focussed around our iconic 'Pit' 1st XI field, one of the most beautiful grounds in the country and well-resourced with another five grass squares, two astroturf net blocks, 13 grass nets, five indoor nets a Merlyn spin bowling machine and three Bola machines.

#### **Cross Country**

The Cross Country Club is for boys and girls and aims to get pupils out running in the countryside, for competitive goals or simply just to maintain a good level of fitness. The Club is open to all levels of ability as staff members will run at the front and back of the groups, as well as taking several routes of varying length.

#### Equestrian

Pupils who have their own horse and access to a horse box can compete in riding events. We attend various Equestrian high profile competitions including Olympia and evening racing at Newbury. We organise guest speakers and encourage parent participation, especially when organising our own inter-school show jumping competition in the Lent Term.













#### Fencing

Fencing has a long history at Bradfield, and includes National (GB) standard Fencers amongst its alumni. Pupils from complete beginners to those with experience are very welcome, and kit can be borrowed while you make up your mind about acquiring your own. We fence Foil, Epée, and Sabre, with a Hungarian coach who is Level 5 in all three weapons. We have a number of fixtures with other schools, and enter the UK Public Schools' Fencing Championships in March. We are in a good location for access to British Fencing competitions for the Southern Region, for those who wish to compete at the national level.

#### Fives

Winchester Fives is a game that is fast, fun and great for fitness, and can be enjoyed by players of all standards.

It is played in both the singles and the doubles formats in a four-sided court. Players – using leather gloves worn on both hands – aim to hit the ball so that the opposition cannot return it! The court is slightly smaller than a squash court and has a stone, rather than wooden floor.

Anybody is welcome to play and there are competitive fixtures against other schools (Winchester, Marlborough, St. Paul's inter alia) and the Old Bradfieldian Fives Club is also undergoing a renaissance. We also enter competitions in January (West of England) and at Easter (the Nationals) and last year a member of the UVI won the U18 National title.

#### **Fly Fishing**

Bradfield pupils have the opportunity to fish for trout on the College's beautiful stretch of the River Pang. Fishing is by fly only, upstream dry and nymph. Beginners are welcomed and the College can offer basic instruction, casting lessons and lend tackle to those who need it. Fishing operates in the Summer term only, and is at its best from mid-May through June. Anyone interested in finding out more should email Mr Carlier for further information.

#### Football (Boys)

Football is coached at all levels and abilities within the College. On average the club is able to put out 20 teams per year, allowing over 250 boys to participate regularly. The 1st XI train four days a week with a game on the Saturday. A and B teams train three days a week with a game. C, D, E and F teams train two to three times a week with a game.

There are six House competitions (House Firsts, House Colts, Senior Leagues, Minor Leagues, Junior Leagues, House Sixes) which allow wider opportunities. These competitions are played under different formats that include 8-a-side, 6-a-side and Futsal. The football programme uses football as a medium to develop a holistic all rounded individual. The football culture at Bradfield is embedded in the foundations of respect, self-motivation, responsibility and positive psychology. Coach education is paramount to allow the best delivery for all pupils no matter what age or level they are playing. As part of the advanced programme the players also take part in dance, kickboxing, psychological skill development, skipping, strength and conditioning, sprint training and academic emphasis.









### Football (Girls)

Girls' Football is an opportunity for girls of all ages and ability to enjoy the world's most popular sport. Training sessions are skills-based and are designed to develop the technique of all involved, from beginners to club players.

Bradfield competes in the ISFA Girls' Cup, a national competition in which Bradfield have previously reached the semi-finals, and the ISFA Girls 7-a-side competitions at both U18 and U15 levels. The club also plays up to four friendly matches per season.

Pupils that join will be expected to attend one training session per week in the Lent Term (usually on Tuesday afternoons).

### Golf

The Golf Course is open during afternoon activity time. To play on the course pupils are required to join the Golf Club and pay a membership fee. Beginners are welcome to use the putting green and practice nets and to become members in due course. Our visiting Golf Pro offers expert coaching on Thursday afternoons, which is open to all pupils. More experienced players also have an opportunity to play regularly at Calcot Golf Club most Tuesdays and Thursdays.

### Hockey (Boys)

Boys' Hockey is the main sport for the Lent Term and currently runs 16 teams from 1st XI to U14E. The College Hockey Club runs block fixtures each Saturday in the Lent Term and competes in the Independent Schools' Hockey League (South Division) with the College currently holding the 'Best Ranked Co-Educational School' in the league. There is an opportunity to represent the County, strive for National recognition and also tour with the College on the variety of trips. The College also has a very strong link with Reading Hockey Club where many of our students play regularly at the weekends. Bradfield is very fortunate to have two outstanding astro-turf pitches.

Hockey at Bradfield is open to all pupils and the expectation is that pupils should continue to play for School teams from both U14 level through to Senior level during their College career.

### Hockey (Girls)

Girls' Hockey runs in the Michaelmas Term across all age groups ensuring every girl gets the opportunity to learn and play the game. The teams compete against other schools with the A teams in each age group playing in the Independent Schools Hockey League, as well as entering the County Championships. Specialist coaching is provided by both expert external coaches and internal Hockey staff. Teams train two or three times a week and play matches on a Saturday and occasionally mid-week. The girls regularly participate in pre-season tours and a number of girls play club hockey at Reading where the College has a strong link. All training and matches take place on our outstanding astro-turf pitches. Everyone is welcome to attend, whether a beginner or an experienced player. Hockey at Bradfield is very fortunate to have two first class professional hockey coaches in John Shaw, former GB England and Southgate HC, and Jessica Brooker, Director of Hockey. All pupils, regardless of ability, get coached to the highest possible level.

### Iudo

Judo is an activity for pupils that runs throughout the year. There is an opportunity to take part in competitive events.













#### Lacrosse

Lacrosse provides exciting and challenging training sessions to a range of year groups in the College. Mid-week matches are offered in the Michaelmas and Lent Terms. We compete against Lacrosse-playing all girls' schools. The skills the girls acquire are: communication, leadership, teamwork, fitness, tactical awareness and stick-work and we encouraging younger pupils to participate.

### Netball

Netball is the main game for all girls in the Lent Term with some Netball happening in the Michaelmas Term. Presently the College fields 17 teams across all year groups. In addition to school fixtures, the College enters the National Schools Competitions at U14, U16 and Senior level. At U15 and U18 Bradfield also takes part in the Independent Schools Netball Competition (ISNC) which is a knockout cup. These competitions start in September.

Faulkner's Netball runs once a week (times to be confirmed) in the Michaelmas Term and will be led by Mrs Wood. There is also a Fifth and Sixth Form netball club which takes place on a Monday during activities which is also run by Mrs Wood.

The Netball Academy is for invited players only from the Shell to Sixth Form and will take place on a Wednesday at 8-9pm. This is to develop the most talented players in the College during the Michaelmas Term.

### The Outdoor Pursuits Club

The Outdoor Pursuits Club provides a new opportunity for pupils interested in developing their skills in a range of outdoor adventure activities. Pupils will have the chance to experience **sailing** at Burghfield, **rock climbing** at the Reading Climbing Wall, **mountain biking** on the Swinley Forest trails and **kayaking** on the River Thames. No prior experience or equipment is required and events will run in a coordinated calendar across all three terms. Pupils who wish to specialise in one activity will have that opportunity, but they will also be required to try out other activities when weather or logistics make their preferred sport unavailable. Pupils must commit to the club for the entire term, with exceptions only being made for those who are representing the College in other major sports.

### Polo

Polo at Bradfield offers the chance to play a fast-paced, exhilarating sport on a weekly basis. We are open to all year-groups and all abilities; from those who can hit an offside, backhand shot at a gallop, whilst standing on their head, to those who have never sat on a horse before! We train twice a week and offer sessions for advanced players and for beginners. Pupils are coached at Emsworth Polo Grounds, near Ascot, by *Cool Hooves Polo*, who also provide the ponies. Moreover, our ten advanced players have the opportunity to compete at tournament level against other schools during the Lent and Summer Terms.

Cost: £54 per session (approximately)











### and there are teams for all age groups.

Rounders

### Shooting Club

Shooting is available to all year groups and is aimed at identifying those with natural talent for target shooting and through coaching enables pupils to become proficient in two disciplines: Small bore shooting (.22 calibre) and Full bore Shooting (7.62 calibre).

Rounders is available as an activity to all girls. Matches are played during the Summer Term

Small bore shooting takes place every Tuesday and Thursday in the Michaelmas and Lent Terms on the College 25 yard indoor range. There are competitions and matches against other schools both home and away. Full bore shooting takes place in the Summer Term at ranges up to 600 yards at Bisley NSC. Pupils travel to Bisley on a Tuesday or Thursday to practise, as well as competing in competitions and matches most weekends in April and May. The season culminates in the Schools' Meet at Bisley in July.

Target Rifle shooting fosters many good qualities in individuals such as good personal administration, discipline, patience, diligence and concentration. To be a good shot, practice and commitment are essential.

### Squash

Learn the skills of this fast moving and energetic sport. Professional coaching and matches are available for all abilities. Equipment is available for those who want to try the sport for the first time.

### Swimming Club

Swimming Club is run all year round and is open to boys and girls in all years of the College. The Club is run to suit all pupils' needs whether you are wanting to be the next Michael Phelps or just want to keep fit throughout the year. Each session is setup with lanes for the competition squad members who follow a structured training programme. There are galas in all three terms for boys and girls teams.

Be part of either the Faulkner's, Under 16 or Under 18 squads and swim in regular galas at some of the top schools in the country, or even at the showpiece event at The Olympic Pool, Queen Elizabeth Olympic Park.

### **Tennis** Club

Tennis is played competitively during all three terms at Bradfield College, with the bulk of the fixtures during the Summer Term.

The College competes in LTA sanctioned competitions: Aegon Years 9 and 10 National Schools; Aegon Senior Students National Schools Years 11 - 13; and the National Schools' Championships. There are sessions for all standards available throughout the year, ranging from beginner to the more committed Academy level players. The College runs 22 teams in the Summer and a further 10 teams throughout the year in LTA sanctioned events. During the last two years Bradfield College has won numerous County and Regional tournaments, as well as being Runners-Up in the Aegon Senior Students National Schools' Years 11 - 13 Final.















### Touch Rugby

An activity for those who miss the oval ball. The non contact version of the sport requires speed, agility and fitness.

### Water Polo

Water Polo Club is run all year round and is open to all boys of all abilities. The Club has two teams, one Under 15 and one Senior Team who train twice per week. The teams play a full calendar of fixtures against local rivals Winchester, Marlborough and Eton, as well as both sides playing in the prestigious London Schools' Tournament.

Come along and take part in one of the most high intensity sports around. It's fast paced, physical and the most fun you can have in the pool!

### Zumba

Zumba is exercise which includes music with fast and slow rhythms, as well as resistance training. The music comes from the following dance styles: cumbia, salsa, merengue, mambo, flamenco, chachacha, reggaeton, soca, samba, belly dancing, bhangra, hip hop music, axé music and tango. Zumba motto "Ditch the workout, join the party".

The music comes from the following dance styl chachacha, reggaeton, soca, samba, belly danc d tango. Zumba motto "Ditch the workout, joi









## Co-Curricular Pupil Expectations 2018 - 19

The Co-Curricular Programme at the College aims to provide pupils with pursuits and activities that interest, stimulate and ultimately complement the experience of a pupil within the academic environment in the classroom and the supportive atmosphere within the Boarding House. All pupils at the College are expected to be involved in the Programme.

The Programme is designed to enable pupils to try out new activities, find their passions and have increased choice over their co-curricular pursuits as they move through the College. This means that in Faulkner's the Programme is quite formal, whilst in the Shell and Fifth Form there is greater emphasis on choice within the framework of the Bradfield Diploma. In the Sixth Form there is an expectation that pupils will have found their passions and be willing to take a lead to demonstrate their commitment and enjoyment of their pursuits.

The Co-Curricular Fayre will be held at the start of the Michaelmas Term and gives pupils the opportunity to find out about the different clubs and activities on offer across the whole co-curricular spectrum from Activities, Performing Arts, CCF, DofE, Bradfield Diploma and Sport. There is something for everyone and there is no excuse not to be involved. The SOCS activities database, completed through Houses after the Fayre, gives every pupil an individual timetable and it is expected that pupils take maximum advantage of the opportunities on offer to balance their Academic and House commitments. Advice to strike this balance is always available through their tutor in the first instance or their House Masters / House Mistresses.

There is time given with each day for co-curricular activities and the afternoon is split into a number of slots. In the first year there is a clear framework for **Faulkner's** pupils to try out new activities as well as develop existing interests. It is expected that each pupil will undertake **at least one activity each day** with a minimum of **eight** slots being filled during the week. This commitment is managed closely by the Faulkner's tutoring team.

In the Shell and Fifth Form there is a slight shift in emphasis from directed pursuits to an increased sense of taking responsibility, leadership and ownership of one's pursuits. However, it is expected that at least six co-curricular slots should be filled per week. The framework of the Bradfield Diploma is used to drive pupil choice and savvy pupils will choose activities that not only meet the requirement for this qualification but also for the Duke of Edinburgh Bronze award scheme. Pupils in the Shell Year who opt out of CCF at Easter will automatically undertake another activity on the Monday afternoon Voluntary Service Programme until the end of the Easter Term of their Fifth Form Year.



Pupils in the **Sixth Form** should aim to maintain **at least five** weekly slots across the Programme. Although there are additional pressures, all the historic evidence points out that those who are busy, committed and show leadership outside the classroom in co-curricular pursuits are the ones who tend to perform well academically. Pupils will also have much more to offer towards both university entrance and prospective employers as they enter those periods of their school career. Maintaining a **healthy lifestyle** as well as striking a **balance** between specialism and variety in their programme is a recipe for success.

It is an **expectation** that a pupil joining Bradfield wants to challenge, develop and stretch themselves over their time at the College to prepare themselves for their time beyond Bradfield. A varied and busy Co-Curricular Programme is a key ingredient in a pupil maximising their time at the College.

Pupils should aim to make their life extremely busy, take advantage of the trips on offer, the expert tuition, coaching or developing a new skill. If a pupil is unsure there is always support available through their peers, tutor, House Master/Mistress or indeed from the Co-Curricular Office.

R. J. Wall Deputy Head (Co-Curricular)



# Bradfield College Sports Policy

### **General Aims**

- To ensure *all* pupils have a regular, active exercise programme to enhance health and fitness
- To provide opportunities for as many pupils as possible to represent the school in a team.
- To allow pupils to develop their sports to as high a level of performance as their ability allows
- To provide a stimulating, challenging and enjoyable programme, which gives the opportunity for pupils to learn and experience a range of sports
- To encourage and provide House based sport opportunities

### Policy

The sports programme is structured as follows:

Michaelmas Term	Lent Term	Summer Term
Football (Boys)	Hockey (Boys)	Cricket (Girls and Boys)
Hockey (Girls)	Netball (Girls)	Tennis (Girls and Boys)
Lacrosse (Girls)	Lacrosse (Girls)	Athletics (Girls and Boys)

The above sports represent the Tier 1 (Major) sport providers for the largest groups of pupils across the school at all ages.

Running concurrently with the above programme are a vast range of Tier 2 (Minor) sports which include badminton, basketball, clay pigeon shooting, fencing, fives, golf, girls' football, cross-country, climbing, polo, real tennis, riding, sailing, squash, swimming, shooting and water polo. Pupils who participate in these sports will have coaching and be expected to represent the college in fixtures as per the calendar.

### Lower School (Faulkner's, Shell and Fifth Form)

All pupils will attend trials at the start of each term for the major sport in question. This is regardless of involvement from previous season if applicable. Pupils selected by games staff to play that sport will do so in accordance of the school policy representing the college in fixtures. Pupils not selected for the main squads (but who wish to continue to play them can do so in the lowest squad available) otherwise, pupils must direct their efforts and involvement towards the sports mentioned above (Tier 2).

The Tier 2 sports programme also offers the opportunity for talented sportsmen and women to develop their skills in these other areas, and to represent the College in more than just the Tier 1 games.

All pupils in the Lower School are expected to be either involved in Tier 1 or a Tier 2 sport(s) as their primary games commitment each term. They will be entered onto SOCS and expected to attend all training sessions as specified by the teacher in charge. Pupils will naturally be expected to be **available for all School midweek and Saturday fixtures** if selected and on occasions this may include Sunday competitions.

Only in exceptional circumstances will any pupil be allowed to be exempt from this structure and such an arrangement has to be agreed by HSM, The Director of Sport and if need be the Deputy Head, Co-Curricular.

There is a broad selection on non or semi-supervised activities which also support the Tier 1 and Tier 2 structure (free swims, sports hall usage, weights room, tennis courts, squash courts and so on). These are monitored by the 'Games Call' system in Houses. If HsMs or the Director of Sport are unhappy with the involvement of any pupil, he or she can be put on an activity card which must be signed when an activity has been completed.

### Senior School

By the time a pupil reaches the Sixth Form it is hoped that they will continue to show dedication and commitment to a minimum of one sport per term. **Pupils who have played team sports for the College in previous years will be expected to continue with that sport unless otherwise agreed by HSM and Director of Sport.** However, this may not be realistic for all. Each pupil is viewed on an individual basis and alternative arrangements can be put in place in conjunction with HsMs if needs be.

In principle, **all Sixth form** should be engaged in either a Tier 1 or Tier 2 sport each term unless agreed otherwise by relevant parties. Pupils do not 'opt out' and college selection for squads has priority.

All new pupils (boys and girls) to the Sixth form will undertake trials in the major games of that sport.

### Sporting balance

Running additional sports alongside the main ones results in occasional clashes. The major games (Tier 1) provide the backbone to our system as they can cope with large numbers of pupils and as such they are given a priority.

The present ruling is that pupils required for A, B and C teams must play the main game, unless the member of staff running that game decides that individual circumstances alter

that decision for the sake of the individual pupil or the College. For example, a top squash player may be allowed to play squash instead of 'A' team hockey, if this is believed to be in everyone's best interests. All such cases should be considered in the light of individual circumstances, and the Director of Sport will make a final ruling if the matter cannot be resolved through normal negotiation; this will often take place in conjunction with HsMs.

College fixtures take priority over other games practices unless special circumstances prevail.

If a pupil is required for two Tier 2 sports, there is no priority rating. In the first instance the overall ambitions of the pupil should be taken into account (e.g. is she/he a badminton player who wants to play basketball, or a basketball player who wants to play some badminton?). If there is no preference and she/he genuinely wants to do both, it is up to the staff involved to organise a sensible programme of practices (and even sharing of matches).

Where possible, clashes between house matches and fixtures for the additional sports are avoided. However, where a clash exists the school fixture will take precedence over the house match.

### **College Fixtures**

### If a pupil is required to represent the College in a team, then he or she must honour this commitment. Weekend leave should not be taken until after the game has been played.

Regular squad members must expect to be on stand-by for all calendared matches in their sport and reserves and non-travelling reserves should be named for all fixtures.

## Bradfield Voluntary Service Programme (VSP)

In 2016-17 we introduced the Bradfield Voluntary Service Programme (VSP) which was designed for Shell pupils who opt out of the CCF in the Summer Term.

This programme will run for three terms starting Summer Term in the Shell and ending at the end of the Lent Term of the Fifth Form. We believe that for many young people three should be a greater willingness to volunteer and be part of volunteering programmes which give much needed support and benefit to those less fortunate than ourselves. This element of service links very nicely with the Bradfield Diploma Scheme and is also a useful life skill in developing leadership, teamwork and empathy for others.

#### 2018-19 VSP Options

- **Option 1:** Young Leaders Sports Award National accredited award in the organisation and running of a sports event. This is a classroom and practical based course run over one and a half terms, culminating in pupils organising and running an external sports competition.
- **Option 2:** Rushall Farm Volunteer Programme Pupils will volunteer with the John Simmonds Trust based at Rushall Farm. The volunteers will experience a varied programme based around the countryside and will allow them to work with young children from the surrounding area and as a group of volunteers.
- **Option 3:** The Allotment Project will see pupils work as a small group undertaking a project within the college grounds. The group will design, create and maintain the College allotment with the hope of producing seasonable fruits and vegetables.
- **Option 4:** The Pang River Management Project: This group will be helping to maintain part of the River Pang which runs through the College grounds. Pupils will be wading in the river and maintaining the banks and footpaths.
- **Option 5**: The Charity and Fundraising Group: This group will work closely with the Rev to come up with charity and fundraising ideas and to put them into practise to raise money for their chosen charities.
- **Option 6:** The Greek Theatre Management Project: This will see pupils undertake a variety of tasks in and around the Greek Theatre in preparation for this summer's Festival.
- **Option 7:** Recycling Programme This group who will be responsible for developing a recycling programme across the College, they will be encouraged to think of new ideas and initiatives and then implement them.
- **Option 8:** Ufton Court Volunteer Programme Pupils will travel to Ufton Court Outdoor Education Centre to take part in a range of tasks to assist the charity with the hosting an running of educational visits.
- **Option 9:** Wildlife Group An environmental group that focuses on issues affecting Bradfield and the wider environment. They will work at the College Nature Reserve and within the science centre.

The above options may vary.



## The Bradfield Diploma

The Bradfield Diploma is an exciting programme which aims to increase the breadth and depth of co-curricular commitment in the junior years by rewarding individual pupils for their participation and application. All pupils in the Shell (Year 10) and Fifth Form (Year 11) pursue the Diploma. The focus of the Diploma is on pupil-led initiatives with pupils taking on the additional responsibilities of recording and reflecting on their achievements. The Diploma enables the pupils to develop many of the other personal attributes that the College feels are important in our pupils' development.

There are ten key components of the Diploma that each pupil needs to complete:

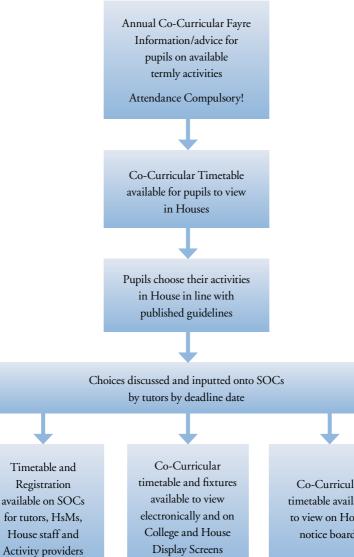
- 1. Sustained academic achievement and effort
- 2. Completion of an independent research project
- 3. A sustained commitment to cultural pursuits
- 4. A sustained commitment to physical pursuits
- 5. Experience of public speaking
- 6. Taking on some position of responsibility or leadership
- 7. A commitment to community service or charitable activity
- 8. A commitment to private reading
- 9. An active awareness of current affairs
- 10. Experience of an outward bound activity

Pupils accumulate credits (max: 60) for the completion of these components, with clearly stated criteria relating to different thresholds of success. The Diploma, which has the support of national exam board WJEC, culminates in elite awards of Gold, Silver and Bronze, as well as a Pass Diploma. The concept of the Diploma is supported strongly by staff, parents and the pupils themselves, many of whom are inevitably motivated to become more widely involved in the co-curricular life of the College.

### TWO EXAMPLES OF COMPLETED BRADFIELD DIPLOMAS

COMPONENT	PUPIL A	PUPIL B
ACADEMIC	Average QG: 4.32 9 credits	Average QG: 4.54 10 credits
RESEARCH	To what extent is the human desire to be perfect natural? 37/50 = 4 credits	Should America be the police force of the world? 41/50 = 4.5 credits
CULTURAL 1	Acting in school play: The Danny Crowe Show 5 credits	Sustained attendance at the Dissection Society 5 credits
CULTURAL 2	Singing lessons to Grade 5 (Merit) 5 credits	Editor of the house current affairs newsletter 5 credits
PHYSICAL 1	Huxham cross-country race 5 credits	Duke of Edinburgh Bronze Award 5 credits
PHYSICAL 2	Hockey at school level for two terms 4 credits	Sustained commitment to clay pigeon shooting 4 credits
PUBLIC SPEAKING	Presentation about the Bradfield Diploma to an audience of Shell Parents 5 credits	Presentation about gene science in the science presentation competition 5 credits
RESPONSIBILITY	Editor of the house current affairs newsletter 4 credits	Captain of school clay pigeon shooting 4 credits
COMMUNITY: SERVICE/CHARITY	Helping at the prep schools cross- country day 5 credits	Organisation of house room allocation 4 credits
READING: FICTION	Alex Rider: Russian Roulette by Anthony Horowitz	I Am Pilgrim by Terry Hayes
READING: NON-FICTION	The Warrior's Heart by Eric Greitens	The Selfish Gene by Richard Dawkins
READING: BIOGRAPHY	The Author of Himself: The Life of Marcel Reich-Ranicki	Steve Jobs: The Exclusive Biography by Walter Isaacson
READING: BOOK 4	The Shepherd by Ethan Cross	A game of Thrones by George RR Martin
READING: BOOK 5	The Case-Book of Sherlock Holmes by Arthur Conan Doyle 5 credits	Hamlet by William Shakespeare 5 credits
CURRENT AFFAIRS	2.5 credits	2.5 credits
OUTWARD BOUND	2.5 credits	1.5 credits
TOTAL	56 credits	55.5 credits
DIPLOMA AWARD	GOLD	GOLD

## Co-Curricular Pupil Choice 2018-19



Co-Curricular timetable available to view on House notice boards

# 2018-19 Weekend Trips

Michaelmas		
9 September	BBQ / Picnic at Bradfield	
7 October	Film Afternoon	
2 December	Winchester Christmas Market	
Lent		
13 January	Shopping Excursion to Oxford	
17 March	Laser Quest	
Summer		
5 May	Film Afternoon	
9 June	BBQ / Picnic at Bradfield	

The College is a busy place during the week where each pupil will find themselves active in so many areas. For many, the weekends are busy with sports fixtures and activities as well as rest. For those who do find themselves in College at the weekends there are a plethora of pursuits to follow with the Swimming Pool, Music School, Sports Centre, Arts School and Design Centre all open at times during the weekend. In addition, the College provides an opportunity for pupils to get out and about to experience what the area has to offer, as well as trips organised within Houses to pop out to the local shops and leisure facilities on a Saturday or Sunday afternoon.

Co-Curricular Contacts		
Mr Roger Wall Deputy Head (Co-Curricular)	Mrs Tara Williamson Co-Curricular Co-ordinator Clubs, Societies & Pupil Leadership Room E: cocurricular@bradfieldcollege.org.uk T: 0118 964 4539	
Mr Danny Daniels	Mr Darren Mitchell	
CCF	Charity & Outreach	
Mr Colin Irvine	Mr Matt Ruxton	
DofE	Director of Sport	
Mr Roger Keeley	Mr Nic Saunders	
Bradfield Diploma	Director of Drama	
Mr Matt Lowe Director of Music		



### BRADFIELD COLLEGE

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