

A HEALTH AND WELLNESS CENTRE



BRADFIELD COLLEGE



Bringing health and wellness together in
one place, at the heart of our community

OPENING 2027

A NEW HEALTH AND WELLNESS CENTRE AT BRADFIELD

Bradfield College has a long-established reputation for outstanding pastoral care, most recently affirmed in our 2025 ISI inspection. At the heart of our community is a commitment to ensuring that every pupil feels supported, valued and able to flourish. While wellbeing is shaped primarily by culture and relationships, the environment in which care is delivered also matters. Our existing medical centre, located away from the centre of College life, no longer reflects the breadth or ambition of the support we provide.

The new Health and Wellness Centre will bring medical care, talking therapies and preventative wellbeing work together in a single, purpose-built space at the heart of the College. Calm, welcoming and thoughtfully designed, it will support prevention, treatment and rehabilitation within an integrated and holistic model of care. This important project reflects our strategic commitment to supporting the physical and mental health of every pupil —now and for generations of Bradfieldians to come. Please support this project if you can.

Tom Beardmore-Gray

Tom Beardmore-Gray
Warden



HELP US BRING THIS VISION TO LIFE

The generosity of the Bradfield community has enabled the College to deliver transformational projects that benefit every pupil. At a time of increasing financial pressure on schools and families alike, projects of this scale cannot be funded through fees alone. We are dependent upon the generosity and kindness of those who elect to invest in the future of our wonderful school and the young people who are entrusted to our care.

As an educator and parent, I know just how difficult it can be to help young people to successfully navigate the challenges of adolescence in an ever-changing world.

The new Health and Wellness Centre will allow us to support our pupils to flourish by bringing together prevention, treatment and rehabilitation within a single, coherent setting, enabling a truly integrated approach to care.

Your support will help create a centre that strengthens resilience, supports recovery, and places pupil wellbeing firmly at the heart of a Bradfield education.



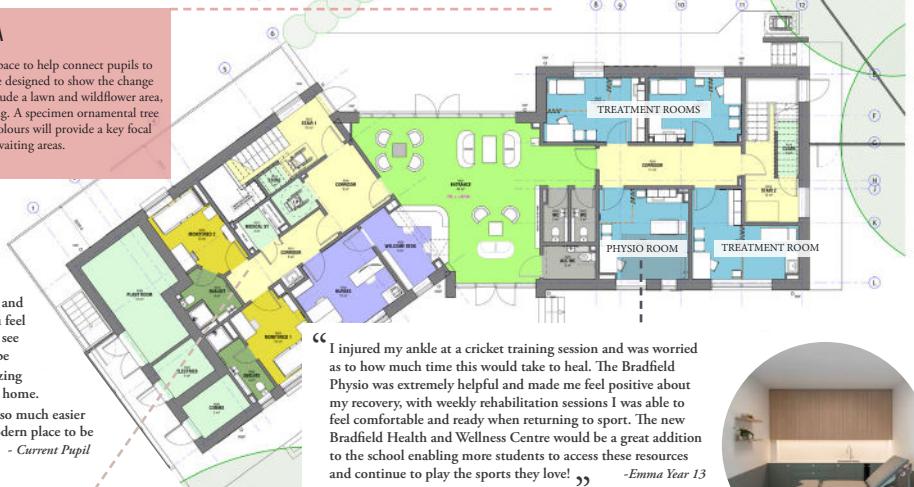
Jeremy Quartermain

Head



GARDEN AREA

A calm and reflective space to help connect pupils to nature. Planting will be designed to show the change in seasons and will include a lawn and wildflower area, as well as native hedging. A specimen ornamental tree with vibrant autumn colours will provide a key focal point from the glazed waiting areas.



“ When you are boarding and become ill, it makes you feel better knowing you can see the doctor quickly and be looked after by the amazing Nurses until you can go home.

The new Centre will be so much easier to get to and a more modern place to be looked after. ”

- Current Pupil

“ I injured my ankle at a cricket training session and was worried as to how much time this would take to heal. The Bradfield Physio was extremely helpful and made me feel positive about my recovery; with weekly rehabilitation sessions I was able to feel comfortable and ready when returning to sport. The new Bradfield Health and Wellness Centre would be a great addition to the school enabling more students to access these resources and continue to play the sports they love! ”

- Emma Year 13

MEDICAL AREA

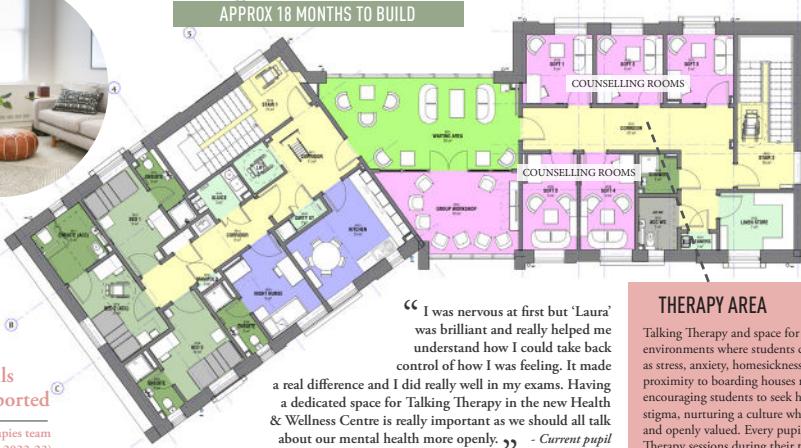
Immediate access to medical professionals ensures timely treatment and early intervention, reducing absenteeism and enabling students to return to their studies with confidence.

The Medical Centre is logging over
12,000
Pupil diary entries
annually



116 Pupils
Supported
by the talking therapies team
in 2023-24 (118 in 2022-23)

Pupils prefer to be treated in their educational setting. This service should be quick and treatment feel personal. (MIND report on Supporting Young People)



“ I was nervous at first but 'Laura' was brilliant and really helped me understand how I could take back control of how I was feeling. It made a real difference and I did really well in my exams. Having a dedicated space for Talking Therapy in the new Health & Wellness Centre is really important as we should all talk about our mental health more openly. ”

- Current pupil

THERAPY AREA

Talking Therapy and space for group discussion provides environments where students can explore challenges such as stress, anxiety, homesickness, and social pressures. The proximity to boarding houses removes barriers to access, encouraging students to seek help early and without stigma, nurturing a culture where wellbeing is normalised and openly valued. Every pupil has access to 8 Talking Therapy sessions during their time at Bradfield.

“ The new Health and Wellness Centre located in the heart of the boarding quarter represents a transformative investment in student wellbeing, delivering far-reaching benefits for physical health, mental resilience, academic success, and community connection. By integrating the GP, nurses, physiotherapy and injury rehabilitation services, counsellors, and dedicated group therapy space in one accessible hub, the Centre establishes a proactive, holistic model of care that places pupil health at the heart of College life.

For boarding students in particular, the new Centre becomes an extension of home care—offering reassurance to families and guardians that professional support is always close at hand. Its location enhances responsiveness during evenings and weekends, reinforcing continuity of care and creating a safety net during times when students may feel most vulnerable.

Beyond individual outcomes, the Health and Wellness Centre strengthens the school community. It becomes a shared space for education, prevention programs, workshops, and collaboration. This integrated model signals a forward-thinking commitment to pupil development and positions the school as a leader in holistic education.

Ultimately, the Centre is not just a facility—it is a statement of values. It reflects a belief that wellbeing underpins success and that when students are healthy, supported, and connected, they are best placed to thrive both in school and in life.”

- Richard Penny, Deputy Head Pastoral

SUPPORT A CAUSE YOU CARE ABOUT

If you believe in the importance of the wellbeing of the whole child and are in a position to support this vital new home for our integrated physical, mental and sports rehabilitation care, please consider making a donation.

Scan the QR Code to donate and find out more about the different pillars where your gift will make an impact:



Sports Injury Prevention and Rehabilitation



Mental Health Support and Resilience



GP and Nurse Healthcare Equipment



Calming Reflective Garden Area



Your support, at whatever level, will help drive forward Bradfield's continued commitment to supporting and strengthening the physical, mental and sporting health of our young people today, and for generations to come.

If you would like to find out more or discuss how your gift could make an impact, please contact Kirsty Perkinson, Head of Philanthropy in the Bradfield Foundation Office on 0118 964 4846 or email kperkinson@bradfieldcollege.org.uk



Registered Charity 5000537



Bradfield College
Bradfield, Berkshire
RG7 6AU

Tel: 0118 964 4846
Email: foundation@bradfieldcollege.org.uk
Web: <https://www.bradfieldsociety.org.uk/pages/health-and-wellness-centre>

